CITY OF CORAL GABLES, FLORIDA

RESOLUTION NO. 2018-142

A RESOLUTION AUTHORIZING THE CITY OF CORAL GABLES STAFF, DEPARTMENTS AND STAKEHOLDERS TO PARTNER WITH THE MIAMI-DADE AGE-FRIENDLY INITIATIVE IN ORDER TO ENCOURAGE AND PROMOTE PUBLIC POLICIES OR PLANS THAT CONSIDER OLDER ADULTS AND SUPPORT HEALTHY AGING IN THE CITY OF CORAL GABLES, AND MIAMI-DADE COUNTY AS A WHOLE.

BE IT RESOLVED BY THE COMMISSION OF THE CITY OF CORAL GABLES:

WHEREAS, the global population of people aged 60 and over is expected to more than double from 841 million in 2013 to almost 2 billion by 2050; and

WHEREAS, in the United States, the population of people aged 65 and over is expected to grow from 35 million in 2000 to 88.5 million by 2050, taking the total share of the 65+ population from 12 percent to 20 percent of the total population; and

WHEREAS, the Miami-Dade County population age 60 and over is expected to grow to over 800,000 by 2040, representing 25 percent of the total population of Miami-Dade County; and

WHEREAS, as of 2016, the City of Coral Gables resident population age 60 and over was 9,153, representing 18 percent of our population; and

WHEREAS, research shows that older Americans are looking to their communities for support so that they can stay in their homes and communities as long as possible; and

WHEREAS, the City of Coral Gables believes that the older adult population should have opportunities, options, and environments to stay active, engaged, and healthy with dignity and enjoyment; and

WHEREAS, active aging is a life-long process, whereby an age-friendly community is not just "elder-friendly" but also intended to be friendly for all ages; and

WHEREAS, the World Health Organization (WHO) has developed a Global Network of Age-Friendly Cities and Communities to encourage and promote public policies to increase the number of cities and communities that support healthy aging and thereby improve the health, well-being, satisfaction, and quality of life for older Americans; and

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WHEREAS, the WHO has noted that "making cities and communities age-friendly is one of the most cost effective policy approaches for responding to demographic aging," and

WHEREAS, the WHO has developed eight domains of community life that influence the health and quality of life of older people:

- 1. Outdoor spaces and buildings accessibility to and availability of clean, safe community centers, parks, and other recreational facilities;
- 2. Transportation safe and affordable modes of private and public transportation, "Complete Streets" types of initiatives, hospitable built environments;
- 3. Housing wide range of housing options for older residents, aging in place and other home modification programs, housing that is accessible to transportation and community and health services;
- 4. Social participation access to leisure and cultural activities; opportunities for older residents to participate in social and civic engagement with their peers and younger people;
- 5. Respect and social inclusion programs to support and promote ethnic and cultural diversity, programs to encourage multigenerational interaction and dialogue, programs to combat loneliness and isolation among older residents;
- 6. Civic participation and employment promotion of paid work and volunteer opportunities for older residents; opportunities for older residents to engage in formulation of policies relevant to their lives;
- 7. Communication and information promotion of and access to the use of technology to keep older residents connected to their community and friends and family, both near and far;
- 8. Community support and health services access to homecare services, clinics, programs to promote active aging (physical exercise and healthy habits)

WHEREAS, the WHO recognizes that counties, cities and communities have different needs, resources, and varying capacities to engage their resources to take action to facilitate active aging;

WHEREAS, Miami-Dade County has joined the WHO Age-Friendly Cities and Communities Network of municipalities encouraging and promoting public policies supporting healthy aging; and

WHEREAS, the Miami-Dade Age-Friendly Initiative works to create a community for all ages, where residents can grow older with dignity and live active, healthy lives;

NOW, THEREFORE, BE IT RESOLVED BY THE COMMISSION OF THE CITY OF CORAL GABLES, FLORID THAT:

SECTION 1. That the City of Coral Gables supports initiatives and opportunities to engage in the WHO Age-Friendly Cities and Communities Network of municipalities and the City's enrollment into the AARP Network of Age-Friendly Communities; and

SECTION 2. That the City Commission does hereby authorize the City Manager to work staff, departments and stakeholders in partnering with the Miami-Dade Age-Friendly Initiative in order to encourage and promote public policies or plans that consider older adults and support healthy aging in the City of Coral Gables, and Miami-Dade County as a whole.

SECTION 3. That this resolution shall become effective upon passage and adoption herein.

PASSED AND ADOPTED THIS TWENTY-SECOND DAY OF MAY, A.D., 2018

(Moved: Keon / Seconded: Lago)

(Unanimous Voice Vote) (Agenda Item: D-3)

RAUL VALDES-FAULI MAYOR

ATTEST:

APPROVED AS TO FORM AND LEGAL SUFFICIENCY:

ALTER J. FOEMAN

CITYCLERK

MIRIAM SOLER RAMOS

CITY ATTORNEY

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MIAMI-DADE AGE-FRIENDLY INITIATIVE



Outdoor Spaces
& Buildings



Transportation



Housing



Social Participation

The Miami-Dade
Age-Friendly Initiative
is a collaborative effort
focused on sustainable
changes in order to create
a community where older
adults of all ages can stay
active, engaged, and
healthy with dignity
and enjoyment.



(gi)

Communication & Information



Civic
Participation &
Employment



Community
Support & Health
Services



Respect & Social Inclusion



THE CITY OF CORAL GABLES



OFFICE OF THE MAYOR

CITY HALL 405 BILTMORE WAY CORAL GABLES, FLORIDA 33134

May 11, 2018

Jeff Johnson Senior State Director AARP Florida 200 West College Avenue, Suite 304 Tallahassee, FL 32301

Dear Mr. Johnson:

On behalf of the City of Coral Gables, I am pleased to offer this letter of commitment to creating an agefriendly community and to request membership into the World Health Organization (WHO) and AARP's Network of Age-Friendly Cities and Communities Initiative.

The City of Coral Gables is home to over 9,153 older adults age 60 and over, representing over 18% of our City's population.

Because older adults are an important to our community, the City offers a wide arrangement of programs and lectures for the 50+ community. These programs our held at the City's new Adult Activity Center, which exclusively hosts the city's programming for residents 50 and older. These include fitness courses, support groups, leisure, arts & sciences courses, and more. We hope to build upon this work and to build a community that is livable for all ages and abilities.

As a participant in the national network of communities, it is the intent of the City of Coral Gables to:

- Include the active engagement of older adults in our planning processes and committees
- · Conduct a baseline assessment of age-friendliness of the community
- Develop a community-wide action plan based on the findings of the assessment
- · Identify indicators so progress in the plan can be monitored

We look forward to working with the AARP Florida Office, its members and volunteers, and our stakeholders to create a plan of action that responds to the needs in our community as we work to build a City for all ages.

Sincerely, Ravi Valdes-Feuli Mayor