

## SENIOR CITIZENS ADVISORY BOARD

Minutes of May 3, 2010 meeting  
Coral Gables Youth Center

MEMBERS	A	S	O	N	D	J	F	M	A	M	J	APPOINTED BY
Catherine Fahringer	P	P	P	P	P	P	P	P	P	P	P	Mayor Donald D. Slesnick II
Norma Lemberg	P	P	P	P	P	E	E	P	P	P	P	Vice Mayor William H. Kerdyk, Jr.
Marilyn Bruno				P	P	P	P	E	P	P	P	Comm. Maria Anderson
Dr. William Schiff	P	P	P	P	P	P	P	P	P	P	P	Comm. Rafael "Ralph" Cabrera, Jr.
Frank Lynn	P	P	P	P	P	P	P	E	P	P	P	Comm. Wayne "Chip" Withers
Evelyn Budde	P	P	E	P	P	P	P	P	P	E	E	City Manager Patrick G. Salerno
Carol Brock	P	P	E	P	P	P	P	P	P	E	E	Senior Citizens Advisory Board

A = Absent

C = Cancelled

E = Excused absence

P = Present

N = No quorum

R = Recessed

S = Sick

V= Vacant Position

### STAFF:

Fred Couceyro  
Parks & Recreation Director

Paul Hunt  
Senior Services Coordinator

Anastasia Smith  
Recreation Specialist-Senior Services

Tricia Spencer  
Recording Secretary

### GUESTS:

Marli Lutz  
Executive Director, Coral Gables @ Home

1. Vice Chairperson Catherine Fahringer called the meeting to order at 5:00 p.m.
2. C. Fahringer welcomed Marli Lutz of Coral Gables @ Home and staff members to the meeting.
3. Approval of Board minutes from April 12, 2010 – A motion was made by Norma Lemberg and to approve the meeting minutes of April 12, 2010. Motion was passed unanimously by the Board.

4. Approval of Excused Absences – C. Fahringer said that Carol Brock was out of town and was unable to attend the meeting. She also heard from Evelyn Budde who was also unable to attend the meeting. Frank Lynn made a motion to approve the excused absences. The Board unanimously approved excused absences.

5. Senior Services Divisional Reports:

**a. Report on Senior Services – Paul Hunt**

P. Hunt distributed copies of sample cases he handles.

1) Hospital discharges without support at home – More Home Health Services and Chore Services are needed to help seniors maintain their life at home. The Congregations Supporting Seniors’ Independence (CSSI) is a program that trains members on how to provide support services to seniors in need; however, there is no funding at the moment.

2) Isolated seniors who need more social contact – A lot of seniors who have no social contact end up suffering from Clinical depression. P. Hunt acts as an advocate to provide a treatment plan for the client and his or her appropriate family members. A list of Geriatric Specialists is also available but most family members prefer to use their own physician.

3) Seniors who need to make life transitions – For instance, a stroke may have left the senior without the ability to drive any longer or moving from a current housing to live with a relative. Seniors and their family are encouraged to make active choices.

**b. Senior Center Programs – Anastasia Smith**

A. Smith reported that Beginner’s Computer Class has restarted and is being taught by an IT instructor. For the month of May, sessions A & B of Dancercise have 50 participants. Last month Conversational Spanish had 12 participants, beginner’s French had 11 participants and beginner’s Mandarin had 7 participants. Last month’s lunch and lecture titled “Storytelling” had 83 participants. Beginner’s Chinese brush painting starts on Wednesday, May 5, 2010.

6. Old Business

Norma Lemberg inquired about a report for the Taxi Pilot Program. The report will probably be ready next week.

7. New Business

Marilyn Bruno said that on April 20<sup>th</sup> she met with Carol Brock and Robert Rosenberg about the Coral Gables Art Cinema collaborating with the Coral Gables seniors. The Coral Gables Art Cinema may open on October 10<sup>th</sup>, 2010; they are awaiting permits to finish their construction.

## 8. Open Items

There was a discussion about the Senior Art Show by Dr. William Schiff. The Palace would like to be the sole sponsor next year and would cover the expenses. There was some concern expressed that the same people have won prizes in consecutive years. There was also a concern that some other participants might not participate because some of the same people won in more than one year. Dr. W. Schiff requested to have a meeting with Anastasia Smith, Carol Brock and Fred Couceyro about the Senior Art Show on Tuesday, May 25<sup>th</sup>, 2010 at 3:00 p.m. in the Coral Gables Youth Center.

N. Lemberg distributed information about the Senior Citizens Advisory Board and its ordinances, stating she did not find any information about the appointments and the position of the Chair and Vice-Chair and when elections were to take place.

C. Fahringer suggested that the Board take home the information that was given to them and have it as a point of discussion at our next meeting when C. Brock returns. She also requested to place this item on next month's agenda.

Fred Couceyro said that the term of office is for a two year period in odd number years. He requested that the Recording Secretary find the most current information on the Senior Citizens Advisory Board rules and send it to the Board. F. Couceyro received phone calls and e-mails from Coral Gables residents who expressed their concerns that certain senior classes were being filled up by non-residents. In response to their concerns, F. Couceyro will change the fees to be the same structure as other Parks and Recreation programs with non-residents paying more. Residents have a two to three week lead way ahead of non-residents to register for classes. The Board agreed with this. The budget process has started; four different types of budget have to be submitted – 0%, 3%, 5% and 10%. F. Couceyro welcomed any suggestions that the Board may have for the Senior budget.

M. Bruno spoke about the grand opening of the Liberty Caffé located within the Coral Gables Country Club on May 15<sup>th</sup>, 2010. There will be free gelatos on opening day.

Marli Lutz said that Coral Gables @ Home has moved from downstairs to upstairs in the same building they are located in. Coral Gables @ Home has become its own 501(c)(3) and is forming its own Board of Directors. M. Lutz also offered the usage of their conference room for the Board's August meeting. No decision was made to use the Coral Gables @ Home conference room, but the Board agreed that they could use that room because of the noise during the summer at the Youth Center.

## 9. Date and time of next meeting

The next meeting of the Senior Citizens Advisory Board will be held on **Monday, June 7, 2010** at 5:00 p.m. at the Coral Gables Youth Center at 405 University Drive.

## 10. Adjournment

The meeting adjourned at 5:51 p.m.