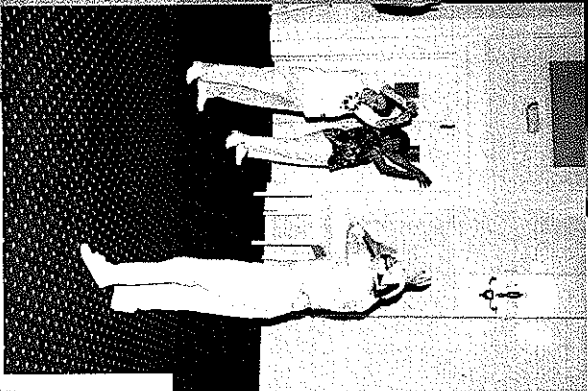




# **CITY OF CORAL GABLES PARKS & RECREATION**

## **Senior Programs “The Road to Success”**





## **Senior Programs – The Beginning (1993)**

- After Hurricane Andrew, FIU conducted an elderly needs study in 1993.
- As a result of the study, Senior Citizens Advisory Board was established in 1993, and Senior Services Coordinator position is created and filled in 1994.
- For several years, the Board and Coordinator conducted Annual Senior Fairs.
- FIU Center of Aging established a component of the Elders Institute in Coral Gables and presented senior programs until program was cut by the University.



## **Senior Programs – Phase II (2002)**

- Programming was limited to Young Viejos, Friendship Club, and 2-4 field trips per year. The Senior Services Division consisted of 1 Senior Services Coordinator. Any senior programming was provided by Youth Center staff.
- In 2002-2003, The University of Miami conducted a second study - "The Elderly Report". The study found the seniors had interests in varied programming, and social events. They also were found to have an interest in help with transport, handyman services and professional assistance for home repairs and meals.



# SENIOR PROGRAM MILESTONES

- In 2006, the Senior Division added two programming positions: 1 full-time and 1 part-time position.
- In 2007, the City entered into a Use Agreement with the University Baptist Church.



## **Senior Programs – Present (2009)**

- Total number of visits to the Coral Gables Activity Center for past year is calculated to be 4,488. The year before inception of Activity Center (2006-2007), total visits for senior programs totaled 499.
- Currently, there are over 30 programs a month for seniors to participate in. In 2006-2007, there were a total of 8 programs.



## **Senior Programs – Present (2009)**

- Several Senior Activities have high attendance :  
Dancercise, Lunch and Lecture, Senior Art  
Show, Trips, Current Events Classes and Movie  
Days.



## **Senior Programs – Challenges (2009)**

- The Adult Activity Center provides limited access to rooms 3-4 days per week. Rooms must be scheduled around church's needs, so long range planning is limited.
- The Adult Activity Center offers no storage space, or office space, so staff is challenged to meet program needs and must conduct office activities at Youth Center.
- Adult Activity Center is only temporary.



## **Senior Programs – Wish List**

- Permanent Senior Center with capability for several break-out rooms for different activities, including a front lobby. Also must have on-site parking.
- Office Space for staff on site at Center, including a registration desk for customers to register for classes.
- Separate office space for senior services providers to have consultations with public.
- Increased staff. In addition to the existing staff (1 full time Recreation Specialist, 1 part time Program Assistant, and 1 Senior Services Coordinator), a Permanent Center would need one more full-time programming person, 2-4 part time staff for office and registration needs, and 1 full-time maintenance person.



# BUDGET

- Budget Comparison:

## Budget for Senior Services Division

2002-2003	\$ 74,825
2009-2010	\$316,194







