



# Hispanic Community Health Study

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## Sponsored by:



**U.S. Department of Health and Human Services**  
National Institutes of Health



**National Heart  
Lung and Blood Institute**



- **Largest health status study of Hispanics/Latinos in the USA.**
- **At same time, Miami, Bronx, Chicago and San Diego will recruit a total of 16,000 people (4,000 at each site) aged 18-74 years old for the next 3 years.**



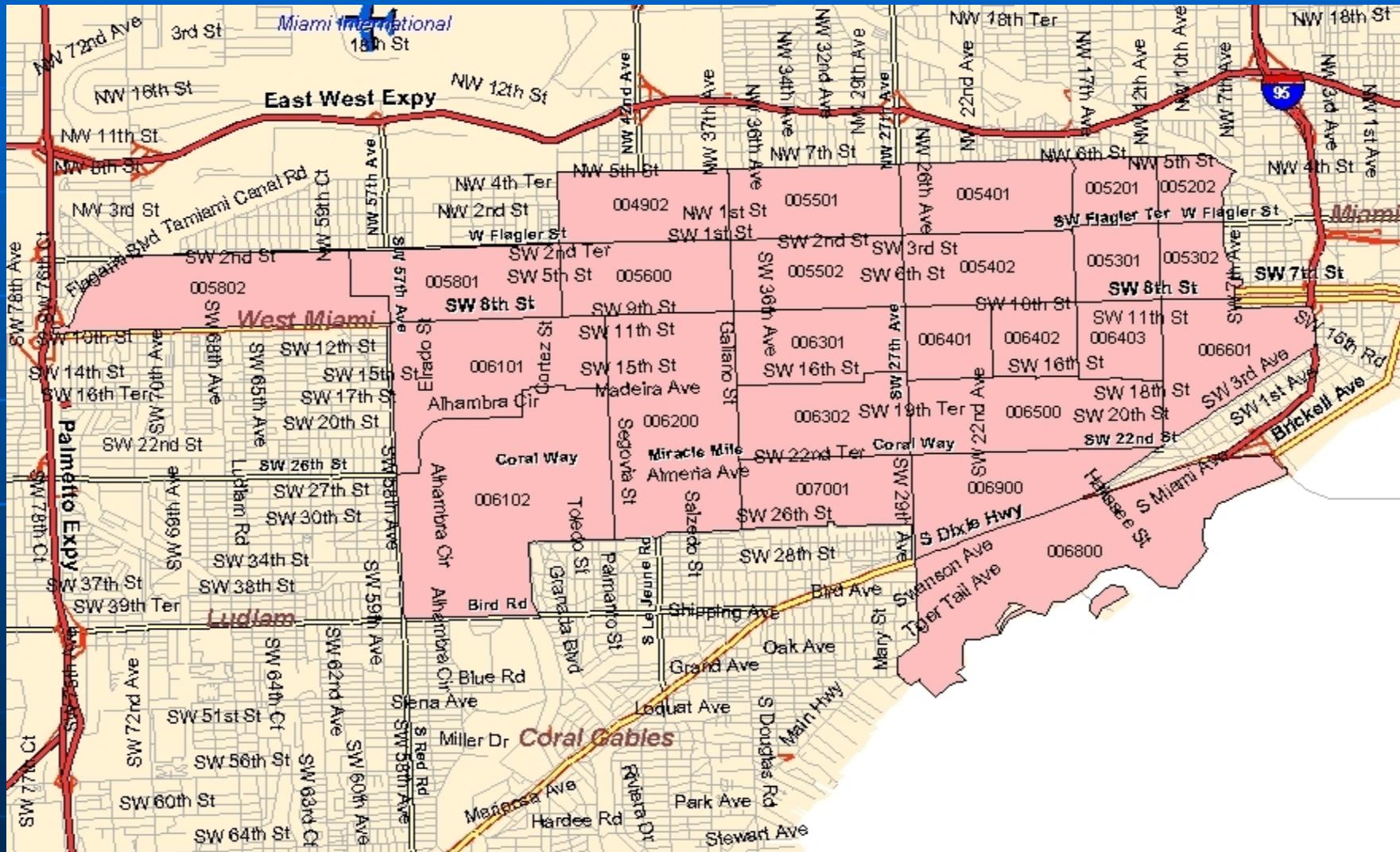
# **Goal: to examine health status and risk factors for chronic disease in Hispanics/Latinos and compare different groups**

- By looking at participants' disease and risk factors, family relationships, cultural values and assimilation levels.

Participants receive a stipend and extensive and free physical check-ups, including blood pressure and diabetes tests, electrocardiograms, hearing tests, home sleep assessments and dental exams at our UM research center.



# Miami Recruitment Map:





# Recruitment

Participants are selected at random in areas where Latinos/Hispanics live, including Coral Gables. **Areas of every socio-economic group are included.**

RECRUITMENT		BASELINE	FOLLOW UP
Stage 1	Stage 2	Stage 3	Stage 4
Invite Letter	<b>House visit/Call</b>  * Determine eligibility  * Eligible Selected:  Accepts Refuses	<b>Clinic Visit</b>  * Sleep Monitor  * <del>RA Monitor</del> Nutrition call	Annual Contacts  * Mailings * Phone Interviews



# Updates\*

- Recruitment started March '08.
- **18,637 households** visited in the 4 sites.
- **2,468** participants seen at 4 sites.
- In Miami:  
**3,901 houses visited; 476 participants**
- Our participants are more educated than in other sites.

*\*As per recruitment reports of Feb. 16/09*



# Community Input and Support are Critical

- Involvement as members of the **Community Advisory Committee**
- Support the study: by providing info to Coral Gables of posters, brochures; at places of workshop, clinics, businesses, etc
- **Community education** sessions to residents on overall results and health issues and to assist in **local health promotion** activities
- Information, linkages, and referrals to community health and human services resources of city residents



# Staff

