

Hispanic Community Health Study

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Sponsored by:



U.S. Department of Health and Human Services
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National Heart
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- Largest health status study of Hispanics/Latinos in the USA.
- At same time, **Miami**, Bronx, Chicago and San Diego will recruit a total of **16,000** people (4,000 at each site) aged **18-74 years old** for the next 3 years.



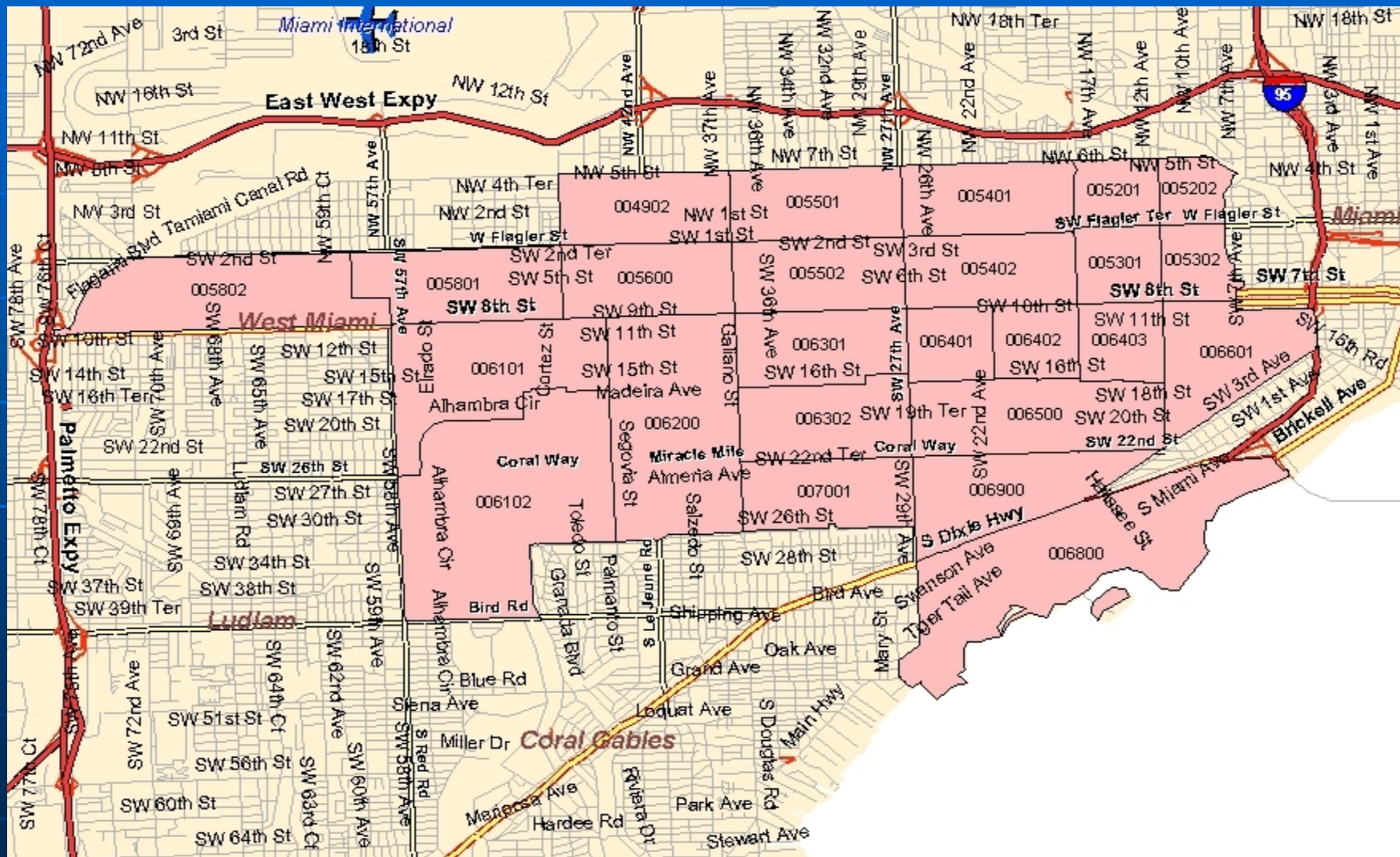
Goal: to examine health status and risk factors for chronic disease in Hispanics/Latinos and compare different groups

- By looking at participants' **disease and risk factors, family relationships, cultural values and assimilation levels.**

Participants receive a stipend and **extensive and free physical check-ups**, including blood pressure and diabetes tests, electrocardiograms, hearing tests, home sleep assessments and dental exams at our UM research center.



Miami Recruitment Map:





Recruitment

Participants are selected at **random** in areas where Latinos/Hispanics live, including Coral Gables. **Areas of every socio-economic group are included.**

| RECRUITMENT | | BASELINE | FOLLOW UP |
|----------------------|--------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|------------------------------------------------------------|
| Stage 1 | Stage 2 | Stage 3 | Stage 4 |
| Invite Letter | House visit/Call * Determine eligibility * Eligible Selected: Accepts Refuses | Clinic Visit * Sleep Monitor * RA Monitor Nutrition call | Annual Contacts * Mailings * Phone Interviews |



Updates*

- Recruitment started March '08.
- **18,637 households** visited in the 4 sites.
- **2,468** participants seen at 4 sites.
- In Miami:
3,901 houses visited; 476 participants
- Our participants are more educated than in other sites.

**As per recruitment reports of Feb. 16/09*



Community Input and Support are Critical

- Involvement as a members of the **Community Advisory Committee**
- Support the study: by providing info to Coral Gables of posters, brochures; at places of workshop, clinics, businesses, etc
- **Community education** sessions to residents on overall results and health issues and to assist in **local health promotion** activities
- Information, linkages, and referrals to community health and human services resources of city residents



Staff

