



CITY OF CORAL GABLES PARKS & RECREATION



Senior Programs “The Road to Success”





BUDGET

- 5 Year Budget Comparison:

Budget for Senior Services Division

2002-2003	\$ 74,825
2007-2008	\$311,604

- * An increase of approximately 415%



Senior Programs - Then (2002)

- Programming was limited to Young Viejos, Friendship Club, and 2-4 field trips per year.
- The Senior Services Division consisted of Senior Services Coordinator. Any senior programming was provided by Youth Center staff.



SENIOR PROGRAM MILESTONES

- Senior Division added two programming positions: 1 full-time and 1 part-time position.
- City presented a Senior Center proposal and received a donation for Senior Services from Kirk Landon.
- City entered into a Use Agreement with the University Baptist Church.



Programs – Highlights

- Monday Morning Coffee Club, a program presented in the original proposal, reached a number of 120 participants in July 2008.





Program Highlights

- Donation by Mr. Kirk Landon funded a mobile computer lab.
- Computer instruction classes began at both the Youth Center and the Church, and classes have been sold out at every session.







Program Highlights

- Fitness programs are now offered at both the Church and the Youth Center. Dancercise is offered at the church, featuring volunteer instructors and Ageless in Motion is offered at the Youth Center by Fitness Center Inc.
- Dancercise maximized enrollment and additional sessions were created. Participant numbers have reached 50 per month.









Program Highlights

- The event that “started it all” -The Annual Senior Luncheon- continues today. The event has been held at the Coral Gables Country Club, The Biltmore Hotel, and the Westin Colonnade Hotel. This year, the free event hosted over 200 participants.

Senior Housing: New Alternatives, Personal Choices

Presenter:
Lisa M. Frazee, MA, CLU, CLFC

THE WEINER
LAW GROUP





Program - Highlights

- Events that featured meals such as our weekly lunch program or “Lunch and Lecture” are very popular.
- In July 2008, the Lunch and Lecture had 101 participants. The weekly lunch program, also part of the original program proposal had 143 participants for the month.







Program Highlights

- The Senior Services Division continues to add new programs such as Arts and Crafts, “Knit for a Cause”, Health Programs and Spanish.







Program - Highlights

- In addition to all of the new programs, some of the more traditional programs are continuing to thrive such as the Friendship Club and Young Viejos







Senior Programs - Now (2008)

- In 2007-2008, 126 different activities or programs were offered.
- In July 2008, participant totals reached 549 for 11 programs during the month.
- Senior Services Division now consists of coordinator and two programmers.