

SENIOR CITIZENS ADVISORY BOARD

Minutes of May 5, 2014 Meeting

Coral Gables Youth Center

MEMBERS	J	A	S	O	N	D	J	F	M	A	M	APPOINTED BY
Nadejda Mishkovsky	R	R	R	P	N	P	P	P	P	P	P	Mayor Jim Cason
Carol Brock	R	R	R	P	N	P	P	P	P	P	P	Vice Mayor William H. Kerdyk, Jr.
Jane Mass	R	R	R	P	C	C	E	P	P	P	P	Comm. Patricia Keon
Maria Cruz	R	R	R	P	N	P	P	P	P	P	P	Comm. Vince Lago
Ying Pestien	R	R	R	P	N	P	E	P	P	P	P	Comm. Frank C. Quesada
Evelyn Budde	R	R	R	E	N	P	P	P	E	P	P	City Manager Patrick G. Salerno
Joan Valdes	R	R	R	P	C	V	V	V	V	P	E	Senior Citizens Advisory Board

A = Absent

B = Not on Board at Time of Meeting

C = Resigned

E = Excused absence

P = Present

N = No quorum

R = Recessed

S = Sick

V= Vacant Position

STAFF:

Fred Couceyro
Parks and Recreation Director

Letty Ellis
Adult Activities Coordinator

Tricia Spencer
Administrative Assistant

GUESTS:

Katie Kreter
Coral Gables Resident

1. Chairperson Carol Brock called the meeting to order at 5:02 p.m.
2. Carol Brock welcomed staff, board members and guests to the meeting.
3. **Approval of Agenda - A motion was made by Maria Cruz to approve the agenda. Motion was passed unanimously by the Board.**

4. **Approval of Excused Absences** - A motion was made by Maria Cruz to approve the excused absence of Joan Valdes. Motion was passed unanimously by the Board.
5. **Approval of Meeting Minutes: April 7, 2014** – A motion was made by Evelyn Budde to approve the minutes of April 7, 2014. Motion was passed unanimously by the Board.
6. **Adult Activities Center Divisional Report**

- a. **Adult Activities Center Report - Letty Ellis**

Letty thanked Bridgette Thornton, Deputy City Attorney and Yaneris Figueroa, Assistant City Attorney for the presentation they did last month on Parliamentary Procedures. The Annual lunch went well and everyone enjoyed the speaker, Dr. Ullman; 250 people attended. The luncheon is the lead story in the upcoming issue of the Golden Gables. May 6th at 1:30 p.m. in the Classroom is the Medicare Fraud Workshop; the workshop is to bring awareness and information on Medicare fraud and what we as a community can do. May 15th at 2:00 p.m. in the Theater is the last violin repertoire with UM doctoral student, Jaya Varma; she has also offered to do it again in the Fall. The June/July calendar is almost done; it will be available on May 21st. Summer exercise classes in June and July will be held in the meeting room of the Coral Gables Library; in September classes will resume in the gym. The first evening class starts in June; it is a Brain Fitness workshop for 8 weeks and the class will be given in both English and Spanish. Letty met with a new volunteer who is interested in offering a Photography workshop in the Fall as one of the evening classes. The Annual Health Fair will be held on September 17th in the Youth Center gym. The Annual Senior Art Show will be held on October 10th at The Palace Coral Gables. Board members are invited to be judges for the art show; entry forms are going to be in the June/July and August/September calendars and in the upcoming issue of the Golden Gables. There are new faces on the Adult Activities website; the old pictures have been updated with new pictures of our volunteers. The Adult Activities are also listed in the Leisure Guide. We had our first Volunteer Appreciation lunch last month in which we recognized all of our 33 volunteers. In anticipation of the start of hurricane season on June 1st, the Adult Activity Center is updating its emergency contact list; Coral Gables residents are asked to evaluate if they would like to be placed on a list to receive a courtesy call in times of emergency. Through Stanford University there is a self-help evidence based workshop to help empower people for better health; the workshop is mostly on-line. It is a research study being done for 6 weeks and the program is funded by the National Council on Aging.

7. **Old Business**

- a. **Disabilities Board Time**

Carol Brock spoke to Bonnie Blair, Chairperson of the Disabilities Board; the Board will meet tomorrow and meets on the first Wednesday of each month at 8:00 a.m. at the Youth Center in the conference room. This Wednesday they are going to discuss initiative and the law of employment for people with disabilities in Coral Gables.

- b. **Update on Adult Activities Center**

Carol Brock met with the City Commission, the Mayor and the interim City Manager to discuss the continued plans for the Adult Activities Center with the resignation of the former City Manager. Carol wanted to make sure that everything was still on track and moving forward. Commissioners continue to fully endorse the project and said that this is still a top priority. Carol wrote an article for the Golden Gables and it will be in the upcoming issue.

Fred Couceyro said that Cindy Birdsill, the new assistant City Manager is currently working on negotiations with the Palace. The Adult Activities Center continues to be the number one priority on the NRP list. At the next meeting Fred will bring in some documents to share with the Board.

8. **New Business**

a. Election of Board Vice-Chairman

A motion was made by Nadejda Mishkovsky to nominate Jane Mass as the Board Vice-Chairman. Motion was passed unanimously by the Board to elect Jane Mass as the Board Vice-Chairman.

b. Golden Gables Magazine

Carol Brock discussed the current look of the Golden Gables Magazine. If anyone has ideas on how to make the magazine look better please let her know by sending your idea to Tricia Spencer who will forward it to her or Letty Ellis.

c. Summer Meetings

A motion was made by Evelyn Budde to not have any Board meetings in July and August. Motion was passed unanimously by the Board.

9. **Open Items**

Nadejda Mishkovsky suggested making greeting cards with the art work from the senior art show.

10. **Date and Time of Next Meeting**

The Senior Citizens Advisory Board will be on hiatus in July and August. The next meeting will be held on **Monday, June 2, 2014** at **5:00 p.m.** in the Youth Center Conference Room.

11. **Adjournment**

The meeting adjourned at 6:00 p.m.