

CITY OF CORAL GABLES ADVISORY BOARD ON DISABILITY AFFAIRS  
 CORAL GABLES YOUTH CENTER – CONFERENCE ROOM  
 WEDNESDAY, November 6, 2019, 2019 8:00 A.M.

- MEETING MINUTES -

<b>MEMBERS</b>	J	F	M	A	M	J	J	A	S	O	N	D	<b>APPOINTED BY:</b>
	19	19	19	19	19	19	19	19	19	19	19	19	
Blake Sando	*	P	P	P	P	E	P	P	*	P	P		Vince Lago
Vanessa Liebl	-	-	-	-	-	P	P	P	*	P	P		Mayor Raul FauliValdes
Mary Palacio-Pike	*	P	P	P	P	P	P	E	*	P	P		Patricia Keon
Philippa Milne	-	-	-	-	-	P	E	P	*	E	P		Jorge L. Fors, Jr.
Marie-Ilene Whitehurst	*	P	P	P	P	P	P	E	*	P	P		Michael Mena

P – Present  
 E – Excused Absence  
 A – Absent  
 (-) – No Appointment  
 (\*) – No Meeting

**STAFF:**

Carolina Vester – Parks & Recreation  
 Ericka Kofkin – Parks & Recreation  
 Raquel Elejabarrieta – Labor Relations & Risk Management  
 Eglys Hernandez – Labor Relations & Risk Management

**GUEST:**

Paola Villanueva – CILSF  
 Mark Thompson – Special Olympics Florida

**CITIZEN ADVISORS:**

Bonnie Blaire

**PUBLIC GUEST:**

Michael vanOssenbruggen Jr – National  
 Others representing: National Student Speech Language Hearing Association  
 Pilar Gomez

**CALL TO ORDER:**

Meeting was called to order at 8:08 am.

**MEETING ABSENCE:**

**MEETING MINUTES APPROVAL:**

October 2, 2019 - Minutes  
 Motion by: Ms. Marie-Ilene Whitehurst / 2<sup>nd</sup>: Ms. Mary Palacio-Pike / All approved unanimously.

**SECRETARY’S REPORT:** None

**BOARD MEMBERS REPORTS:** None

## **NEW BUSINESS**

### ***Mr. Mark Thompson – Special Olympics (Exhibit 1)***

Mr. Thompson provided Board informative material regarding Special Olympics mission and services. Mr. Thompson conducted presentation introducing various programs, including but not limited to young athletes' programs, county competitions, state competitions, etc. Mr. Thompson distributed and spoke of the Special Olympics basketball training program currently held at City's Phillips Park.

Mr. Thompson expressed interest in having more programs within the City of Coral Gables working in conjunction with the Parks department. Ms. Milne asked if participants are required to be City of Coral Gables residents and she was advised it was open to everyone and residency was not a requirement.

Ms. Vester advised that this is currently a pilot program, however they are looking forward to perhaps conducting a soccer program in spring.

### ***Ms. Paola Villanueva – CILSF (Exhibit 2)***

Ms. Villanueva conducted a power point presentation demonstrating the goals of CILSF (Center for Independent Living of South Florida) and the services they provide. Ms. Villanueva explained requirement is must be a youth participant and advised that it is open to everyone between the ages of 18 to 26. Ms. Villanueva advised of the various trainings which have been made available such as money management, independent living skills, as well as transition skills from high school to higher education and community. Ms. Villanueva advised there are currently 20 youth participants of which some are City residents. Ms. Villanueva advised CILSF has also been working closely with the Social Club in Coral Gables.

Ms. Villanueva advised that due to the increase interest in the money management classes which were only being offered during the summertime, the CILSF is offering the class during the entire year.

Ms. Villanueva advised that one of the weekly activities being conduct is how to use public transportation, where participants are taught how to utilize the trolley system available in the City.

## **OLD BUSINESS:**

### ***Social Club – Ms. Bonnie Blaire***

Ms. Blaire advised the growth the Social Club has experienced. Ms. Blaire advised how the participants have been able to also interact with members of the Supper Club. Ms. Blaire advised how each of these provide and address different needs of the participants.

### ***Adventure Day for All Event – Recap Carolina Vester & Ericka Kofkin (Exhibit 3)***

Ms. Kofkin advised a survey was sent to resource vendors and of feedback received regarding this event.

Ms. Kofkin stated first question was regarding which day would be most convenient. Ms. Kofkin advised that the survey reflected Sunday as the better day. Ms. Kofkin stated that when it came to time and duration of event, the response was that the current time and duration was good. Ms. Kofkin discussed the other survey responses.

Ms. Kofkin addressed the issue of commencing with planning earlier to assure better distribution and marketing of event. Ms. Kofkin provided timeline for next year's event.

Ms. Elejabarrieta addressed issue of funding of event. Ms. Vester advised that the cost of this year's event was \$20,000 which was a little less than last year's \$25,000 Ms. Elejabarrieta advised an overview

of cost versus attendance of event needs to be completed to determine best way to go forth regarding future events and funding of same. Ms. Vester also explained process of going forth regarding requesting City funds to be budgeted for future events. Mr. Thompson (Special Olympics) expressed interest in providing support regarding promoting of future Adventure Day for All event.

**PUBLIC COMMENT: *Mr. Michael vonOssenbrogger – National Student Speech Language Hearing Association***

Mr. vonOssenbrogger along with others present addressed the Board regarding implementation of 911 texting services countywide and seeking assistance with this matter. Ms. Elejabarrieta advised that she is aware of ongoing project regarding this and that it seems that the whole county must be ready to implement service at same time. Ms. Elejabarrieta advised that it would be best for Mr. vonOssenbrogger to meet with Police Chief Hudak and she will forward information to Chief Hudak.

Mr. Sando advised function of Board, welcoming Mr. vonOsenbrogger to join future meetings as well.

**NEXT MEETING:** December 4, 2019

**ADJOURNMENT:** Meeting adjourned at 9:11am.

# **EXHIBIT 1**

# SPECIAL OLYMPICS BASKETBALL TRAINING



**Masters Division 18 and up**

**At Phillips Park**

**90 Menores Avenue**

**Coral Gables, FL 33134**

**Thursdays, 4:30 p.m. - 6:00 p.m.**

**\*October 31 - December 19, 2019**

**\*No practice November 28**

**Program is FREE**

This Special Olympics Program provides basketball training and competition for adults (ages 18+) who have intellectual disabilities, developmental disabilities, or autism. Athletes should be able to play and cooperate with others, as well as demonstrate basic passing, dribbling, and shooting skills.

**Special Olympics registration is required.**

Contact Mark Thompson for registration and more information.

E-mail: [markthompson@sofl.org](mailto:markthompson@sofl.org)

Phone number: 305-406-9467

To learn more about accessible recreation in Coral Gables contact [ADA@coralgables.com](mailto:ADA@coralgables.com)



**Special  
Olympics  
Florida**



**Coral Gables Community Recreation, 405 University Drive, Coral Gables, FL 33134, 305-460-5600**

**ADA Notice:** The City welcomes individuals with disabilities. To request a modification to a policy, practice or procedure or to request an auxiliary aide or service (such as a sign language interpreter) in order to participate in a City program, activity or event, please contact the City's ADA Coordinator Raquel Elejabarrieta or the Director of the sponsoring department at least seven (7) days in advance where circumstances permit. ADA Coordinator Raquel Elejabarrieta may be reached by email: [ada@coralgables.com](mailto:ada@coralgables.com), or by telephone: 305-722-8686 (voice) or 305-442-1600 (TTY/TDD).

**CORAL GABLES**  
THE CITY BEAUTIFUL

[www.coralgables.com](http://www.coralgables.com)



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## **Miami-Dade County Information**

**SPECIAL OLYMPICS:** Is the world's largest program of sports training and athletic competition for children and adults with intellectual disabilities or closely related developmental disabilities. Special Olympics "*Inspire[s] Greatness*" to over 5.0 million athletes representing over 174 countries around the world. Eunice Kennedy Shriver founded Special Olympics in 1968 and its headquarters are now in Washington, D.C. Special Olympics Florida, incorporated in 1972, is headquartered in Clermont, Florida, and is divided into eleven area programs, which cover over 55 counties.

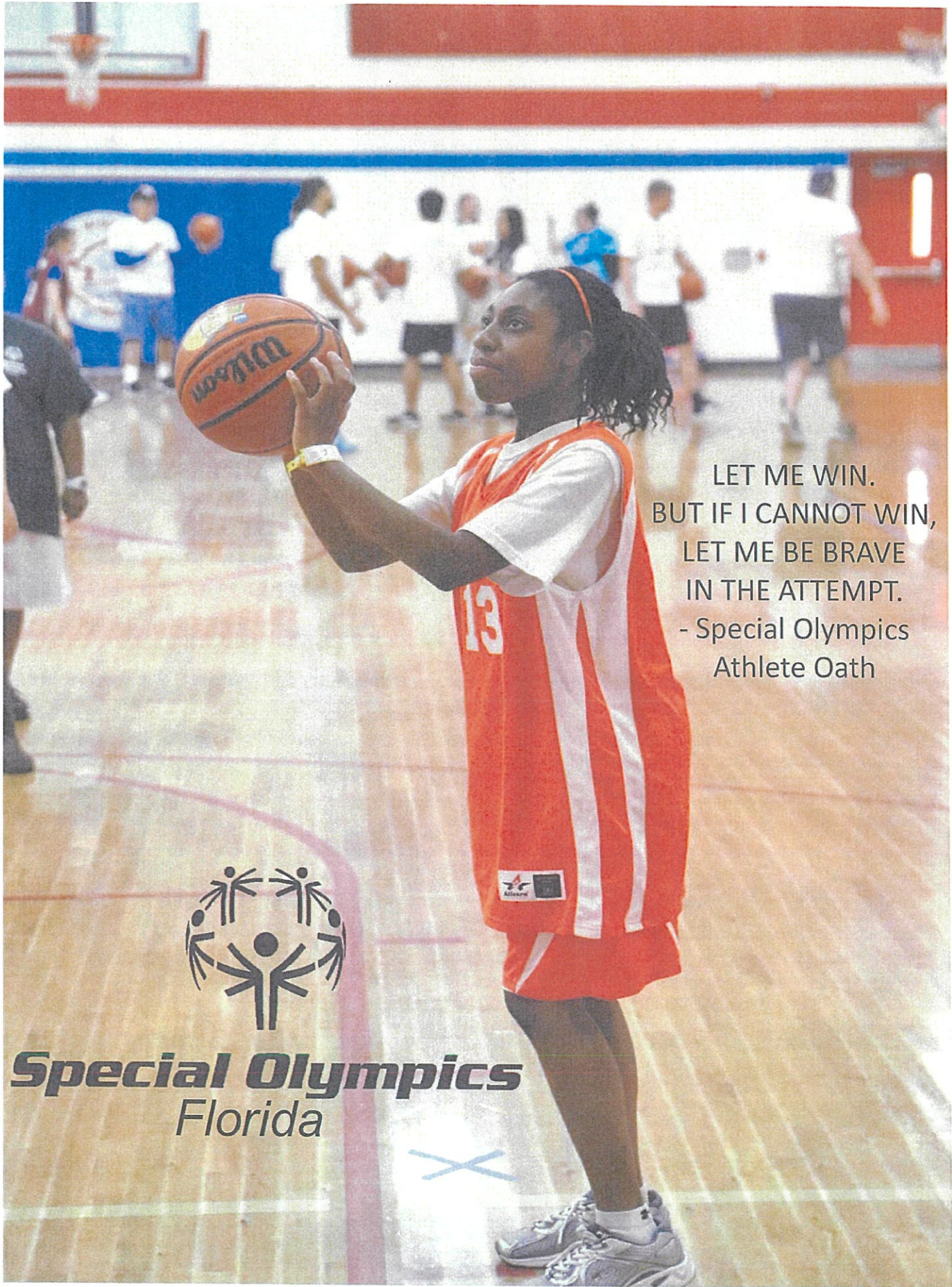
**MISSION STATEMENT:** To provide year-round sports training and athletic competition in a variety of Olympic-type sports for persons 8 years of age and older with intellectual disabilities. The training and competitions give athletes opportunities to develop physical fitness, demonstrate courage, experience joy, and strengthen connections with their families, other Special Olympics athletes, and the community.

**SPECIAL OLYMPICS FLORIDA - MIAMI-DADE COUNTY:** Was established in 1991 for children and adults in our community. The positive experiences that the athletes have in Special Olympics programs build confidence and self-image, which carries over into all aspects of their lives. **Families and athletes are not charged a fee to participate.** This is made possible primarily through individual and corporate contributions, grants, foundations, and special events.

**SPORTS:** Miami-Dade athletes have the opportunity to participate year-round. Sports offered include: **bocce, bowling, cycling, equestrian, flag football, tennis, golf, volleyball, soccer, basketball, gymnastics, softball, stand-up paddle, swimming, power lifting, and track and field.** Unified Sports combines athletes with and without developmental disabilities in training and competition. Local competition in the aforementioned sports occurs throughout the year. Qualifying athletes and teams advance to state level competition and have the opportunity to advance to national and international competition. **Motor Activity Training Program (MATP)** provides individualized training and a "Challenge Day" event for those with severe disabilities; **Young Athletes Program (YAP)** provides motor skill development training and a "Culmination Event" experience to ages 3 to 5 ; **Little ELITES** provides a non-competitive introduction to sports and a "Culmination Event" experience for ages 6 – 12 ; **Camp Shriver**, spring break and summer sports camps provide athletic and social skill development in a nurturing and inclusive environment – serving ages 8 – 22.

**HEALTHY ATHLETES INITIATIVE:** Our athletes are provided with free screening services. Local clinicians screen athletes for hearing, vision, podiatry, health, and fitness.

**PARTICIPATION IN MIAMI-DADE COUNTY:** One of the largest Special Olympics county-wide programs in the United States, Special Olympics Miami-Dade County serves over 7,000 athletes and 400 coaches representing over 140 public and private elementary schools, middle schools, high schools as well as specialized education, adult day training, municipal, and private agency programs.



LET ME WIN.  
BUT IF I CANNOT WIN,  
LET ME BE BRAVE  
IN THE ATTEMPT.  
- Special Olympics  
Athlete Oath



**Special Olympics**  
Florida



## WHAT IS THE YOUNG ATHLETES PROGRAM?

The Young Athletes program is an innovative sports play program for children ages 2-5 with intellectual disabilities (ID) and developmental disabilities (DD) and their peers, designed to introduce them into the world of sports. Children with (Young Athletes) and without (Unified Young Athletes) intellectual disabilities can participate in a Young Athletes activity and mutually learn from and enjoy each other. The benefits of this program have been proven worldwide. These activities help children improve physically, cognitively, and socially. The Young Athletes program also raises awareness of Special Olympics programs and serves as an introduction to the resources and support available within Special Olympics Florida to families, agencies, and schools.

## PROGRAM HISTORY

Special Olympics Florida launched its first Young Athletes program in January 2009.

- 2009: 263 athletes in 23 programs across 3 counties signed up for the first time.
- 2010: Growth was 107% with 625 participants in 17 counties.
- 2011: There were a total of 1,311 active participants in 63 programs across 15 counties.
- 2015: Young Athletes and Unified Young Athletes totaled 5,000.
- 2017: There are more than **14,000 participants** across **38 counties**.



## HOW TO START A NEW YOUNG ATHLETES PROGRAM

1. **New Enrollees:** Upon registration of 6 Young Athletes with ID/DD **an equipment kit (pictured)** is sent.
2. **Program:** 24 sessions are conducted at two levels:
  - **Level 1 Play:** Physical activities focus on developing fundamental motor tracking and eye-hand coordination.
  - **Level 2 Play:** Activities consist of foundational skills, walking & running, balance, jumping, trapping & catching, throwing, striking, kicking, and advanced skills which are a pre requisite to developing the sports skills needed for Special Olympics training and competition.
3. **Culminating Event:**
  - This final event showcases the Young Athletes and Unified Young Athletes learned skills for their parents and the community at large. **Each athlete receives a T-shirt** to wear at the event. Parents, school administration, school board members, and elected officials are invited to attend to bring awareness to the program.
4. **Awards:** **Certificates of Participation and Ribbons** are given to all Young Athletes at the awards ceremony.



## THE RESULTS

- Participants grow in their social, emotional, and physical skills
- Participants build confidence and self-esteem as a result of their success.

## MORE INFORMATION & TO REGISTER

CONTACT Mark Thompson: [markthompson@sofl.org](mailto:markthompson@sofl.org) or 305.406.9467





## Little ELITES

### What is Little ELITES?

ELITES stands for:

Elementary

Level

Introduction

To

Entry-level

Sports



Little ELITES is an entry-level sports program that bridges the gap between the Special Olympics Young Athletes™ program (ages 3-7) and Special Olympics competitive sports (ages 8+) concepts and models. **The program is ideal for children ages 6 to 12** who have an intellectual disability (ID) developmental disability (DD) or autism spectrum disorder (ASD).

### Why is Little ELITES needed?

Special Olympics Florida offers an inclusionary sports play program for children who are between the ages of 3-5 (optional for grades K-2<sup>nd</sup>) called Young Athletes™. We currently have over 14,000 Young Athletes™ participants involved and the program is continuing to grow. As children age out of Young Athletes™, there can be a lack of Special Olympics Florida sports opportunities for elementary school children, ages 6 to 12. This is where Little ELITES comes in! Through Little ELITES, children who age out of Young Athletes™ can continue to work on their skills in specific sport(s) through structured school-based means of participation and eventually compete within the community. Ultimately, the goal is to keep young children and their families engaged in the Special Olympics Florida support network for life.

**What is offered through Little ELITES?** Schools can sign up for the following sports: Soccer, Athletics (Track and Field), Flag Football, Softball and Basketball. Special Olympics Florida provides everything that is needed to run the program. This **includes a training on the materials, full kits for each sport, a sports activity guide, and t-shirts and ribbons for a school-hosted Little ELITES Special Olympics sports day!**

**CONTACT Mark Thompson: [markthompson@sofl.org](mailto:markthompson@sofl.org) or 305.406.9467**

# Special Olympics Motor Activities Training Program (MATP)



## What is MATP?

MATP is for athletes who cannot compete in official Special Olympics sports because they cannot physically perform movements or cannot follow the rules due to cognitive or behavioral limitations. The focus of MATP is on training and participation, rather than competition. For this reason, there are no official rules for competition. Emphasis is placed on achieving personal bests, and it allows for adapted equipment and physical assistance. **A \$250 equipment stipend and coaches' guide are provided.** For programs elementary age through adult with a minimum of two eligible persons.

A "Challenge Day" is offered that meets the needs of every participant and lets the athlete share his/her developed skills with family and friends. Participants are awarded based on participation, not place. Instead of competitions, there are skill stations where athletes are given the opportunity to demonstrate their personal best. **Shirts, medals, and certificates are provided** and proudly displayed during Challenge Day!

Contact: [markthompson@sofl.org](mailto:markthompson@sofl.org) or 305.926.1124 (cell)



# What is the Special Olympics Unified Champion Schools program?

Since its founding Special Olympics has been providing quality sports opportunities for individuals with intellectual disabilities across the globe. Today, **Special Olympics serves as a driving force for social inclusion**, with the vision to create a world where “people with intellectual disabilities of all abilities are welcomed in their communities and join with others to learn, work, compete and play with the same rights and opportunities as others.”

Integral to this work is a focus on youth. Special Olympics views youth as “powerful and effective advocates... open-minded to new things,” and as having “the courage of conviction to step up and defend their beliefs. For this reason, [Special Olympics] find(s) that young people are some of the most powerful and effective advocates on behalf of acceptance”.

Since 2008 Special Olympics has been actively engaged in the development and implementation of a school-based strategy supported and endorsed by the U.S. Department of Education for promoting and increasing the social inclusion of youth with intellectual disabilities in schools and in their communities across the country.

The Special Olympics Unified Champion Schools program is aimed at promoting social inclusion through intentionally planned and implemented activities affecting systems-wide change. With sports as the foundation, the three component model offers a unique combination of effective activities that equip young people with tools and training to create sports, classroom and school climates of acceptance. These are school climates where students with disabilities feel welcome and are routinely included in, and feel a part of, all activities, opportunities and functions.

*Youth and adults working together collaboratively in an inclusive setting create socially inclusive schools.*

**Unified Champion Schools promote a school climate that:**

- is free from bullying and exclusion,
- combats stereotypes and negative attitudes,
- eliminates hurtful language,
- promotes healthy activity and interactions, and
- is welcoming and values the engagement of all students.

It is not intended for students to simply be recipients of programming, but rather be architects of lasting change and community building, where adults serve as allies to youth, rather than managers of youth. In fact, a central tenet of the Unified Champion Schools program is **inclusive, intergenerational leadership**, where shared goals and work are owned collectively by both youth and adults.

## Within Unified Champion Schools:

- Students with and without intellectual disabilities are provided opportunities for physical activity and for building positive peer relationships across the school setting - in hallways and lunchrooms, in classrooms and gymnasiums, and on athletic fields of play.
- Students with and without intellectual disabilities are provided opportunities to interact with their peers and to personally learn and grow.

At its core, the Unified Schools strategy is not just about including students with disabilities, but unifying all students; moving from adult-led programming to student-led mobilization and action; and transitioning from sports as recreation to sports as a catalyst for social inclusion and change.



## Helpful Resources

More information on how schools can promote social inclusion can be found in **A Framework for Socially Inclusive Schools**, found at [www.specialolympics.org/hsplaybook-resources](http://www.specialolympics.org/hsplaybook-resources)



Special Olympics  
Unified Sports®

GLOBAL PRESENTING SPONSOR OF SPECIAL OLYMPICS UNIFIED SPORTS



It is an incredible honor to be able to support Special Olympics Unified Champion Schools through the development of this playbook. As the Global Presenting Sponsor of Special Olympics Unified Sports, all of us at ESPN know the important role sports can play in uniting people of all abilities to play unified in sports and be unified in life.

Being a good corporate citizen is a time-honored tradition at ESPN. Our relationship with Special Olympics spans more than 30 years and is a celebration of how the power of sports can inspire social inclusion and acceptance.

ESPN is proud to share inspiring stories with our fans and communities across the world, as we believe that sports creates a level playing field where people can work together towards a common goal. The lessons learned on the playing field about acceptance, inclusion and camaraderie are translated to all elements of life, and help to develop the leaders of a more unified world. Every day we see great stories that exemplify this from schools across the country. We know educators and students who use this resource will find a wide array of activities to help their schools become communities of welcome where everyone is recognized for their value and skills.

Good luck as you play unified!

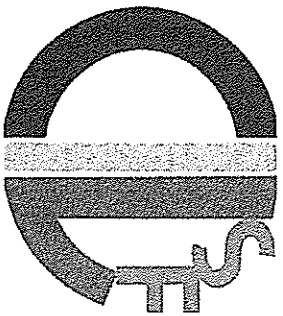
**Kevin Negandhi**, ESPN SportsCenter Anchor

**Sage Steele**, ESPN SportsCenter on the Road Host & NBA Countdown Host



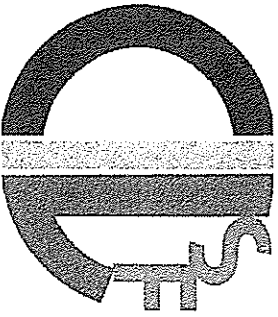
The contents of this "Special Olympics Unified Champion School High School Playbook" were developed under generous funding from the US Department of Education, #H380W150001 and #H380W160001. However, those contents do not necessarily represent the policy of the US Department of Education, and one should not assume endorsement by the Federal Government.

# **EXHIBIT 2**



Center for Independent Living of South Florida

[www.cilsf.org](http://www.cilsf.org)



Empowering Our Peers with Disabilities  
To Maximize Their Independence and  
Challenge Barriers Preventing Us from  
Becoming a Fully Integrated Community

# Core Services, Free to Access

• **5 Core Services** – offered to anybody, at any age, with any disability

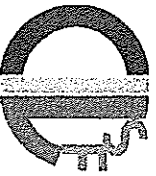
**Advocacy: Individual & Systems**

**Peer Support**

**Independent Living Skills Training**

**Transitions: Youth & Community**

**Information & Referral**





# Youth Services Requirement

- **Individual Must provide a proof of his/her disability such as IEP, medical records**
- **18-26 years old**
- **Referral Process : Make an appointment for an intake at the Coral Gables branch.**



# Youth Services



- Satellite Office Centrally Located in Coral Gables
- Open to **Youth 18-26**
- In Addition to 5 Core Services, Dept. Provides Various Services
  - Developing Social Skills**
  - Improving Self-Esteem**
  - Mentorship from Peers**
  - Money Management Workshops**
  - Developing Other Independent Living Skills**
  - Monthly Social Activities**
- Opportunity to Be Youth-Empowered-for-Success Group Member!



# Recent Workshops & Activities

## THE VALUE OF PERSONAL CHOICES & RESPONSIBILITY: YOUTH WORKSHOP

ASK ABOUT OUR YOUTH EMPOWERED FOR SUCCESS PROGRAM!

FRIDAY, 8 P.M. TO 10 P.M.  
DUSF LG  
FREE FOR YOUTH  
FOR MORE INFORMATION OR ACCOMMODATIONS CONTACT: (305) 423-9912 OR [info@ducsf.org](mailto:info@ducsf.org)

[www.facebook.com/ducsf](https://www.facebook.com/ducsf)  
[www.instagram.com/ducsf](https://www.instagram.com/ducsf)

## ARTS LAUNCH 2019: FREE COMMUNITY EVENT

ASK ABOUT OUR YOUTH EMPOWERED FOR SUCCESS PROGRAM!

SATURDAY, SEPTEMBER 7TH  
10 A.M. TO 2 P.M.  
ADDRESS: 1807 BISCAYNE BLVD., MIAMI, FL 33132  
FOR MORE INFORMATION OR ACCOMMODATIONS CONTACT: (305) 423-9912 OR [info@ducsf.org](mailto:info@ducsf.org)  
CENTRE FOR THE YOUTH EMPOWERED FOR SUCCESS PROGRAM  
1807 BISCAYNE BLVD. MIAMI, FL 33132  
WWW.DUCSF.ORG  
(305) 423-9912  
(305) 423-9912

[www.facebook.com/ducsf](https://www.facebook.com/ducsf)  
[www.instagram.com/ducsf](https://www.instagram.com/ducsf)

## PERSONAL CHOICES & RESPONSIBILITY: YOUTH EMPOWERED FOR SUCCESS

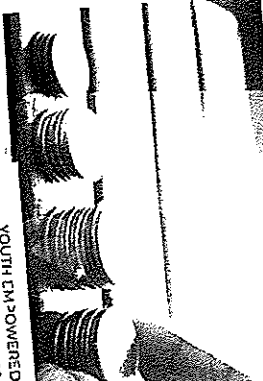
ASK ABOUT OUR YOUTH EMPOWERED FOR SUCCESS PROGRAM!

FRIDAY, SEPTEMBER 20TH  
5:30 P.M. TO 8:30 P.M.  
DUSF LOUNGE - MAIN OFFICE  
\*LIGHT REFRESHMENTS WILL BE SERVED\*

[www.facebook.com/ducsf](https://www.facebook.com/ducsf)  
[www.instagram.com/ducsf](https://www.instagram.com/ducsf)

# Services & Activities: Coral Gables

## YOUTH EMPOWERED Money Management

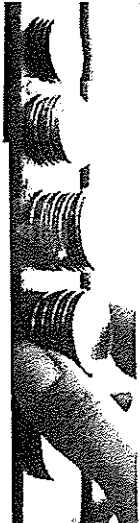


Open to Youth Ages 18 to 28  
Proof of Disability Required

For More Information,  
Please Contact Paola:  
paola@cilsf.org

June 14th  
June 21st  
June 29th  
July 5th  
July 12th  
Coral Gables

## YOUTH EMPOWERED FOR SUCCESS RESERVIS Money Management Mini Camp



Open to ANY Adults 18+  
With a Disability

This money management workshop is free and is designed to increase the financial skills and knowledge of young adults with disabilities. Participants receive the manual with some of the topics will be: budgeting, interviewing and applying for a job, how to find and use resources and keeping track of expenses on services and more.

Tuesdays and Thursdays,  
from 10:00 a.m. - 11:30 a.m.

Tuesday, June 11	Tuesday, June 25
Thursday, June 13	Thursday, June 27
Tuesday, June 18	Tuesday, July 2
Thursday, June 30	Wednesday, July 9
	(No class July 4)

To Sign Up, Please Contact Paola:  
Phone: 305-231-9813  
Email: paola@cilsf.org

**Center for Independent Living Reservis**

3776 Biscayne Blvd., Suite 205  
Coral Gables, FL 33134  
Phone: (305) 731-2025  
@cilsfcenterforindepreser  
www.cilsf.org

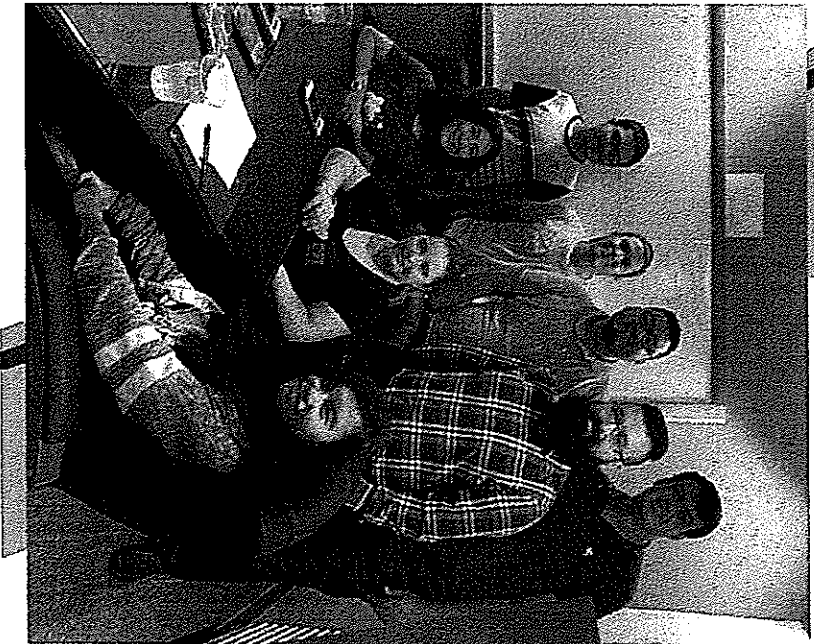
At the Coral Gables Youth Center Conference Room

**Coral Gables 2018 and Reservis**, 485 University Drive, Coral Gables, FL 33134, 305-465-5500

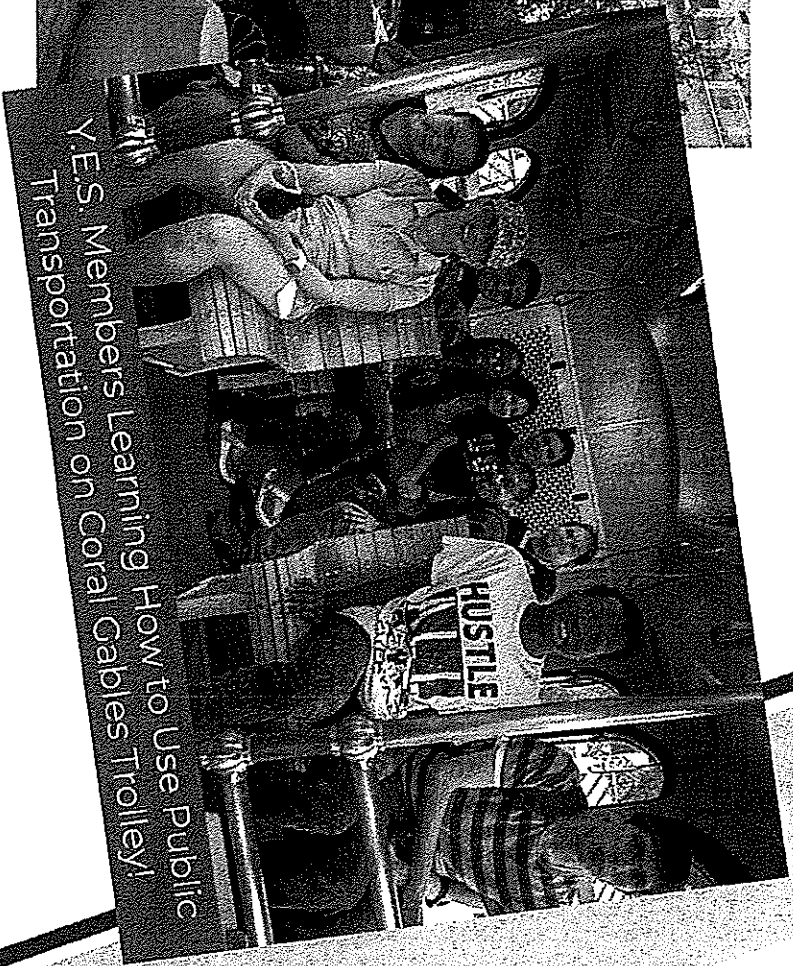
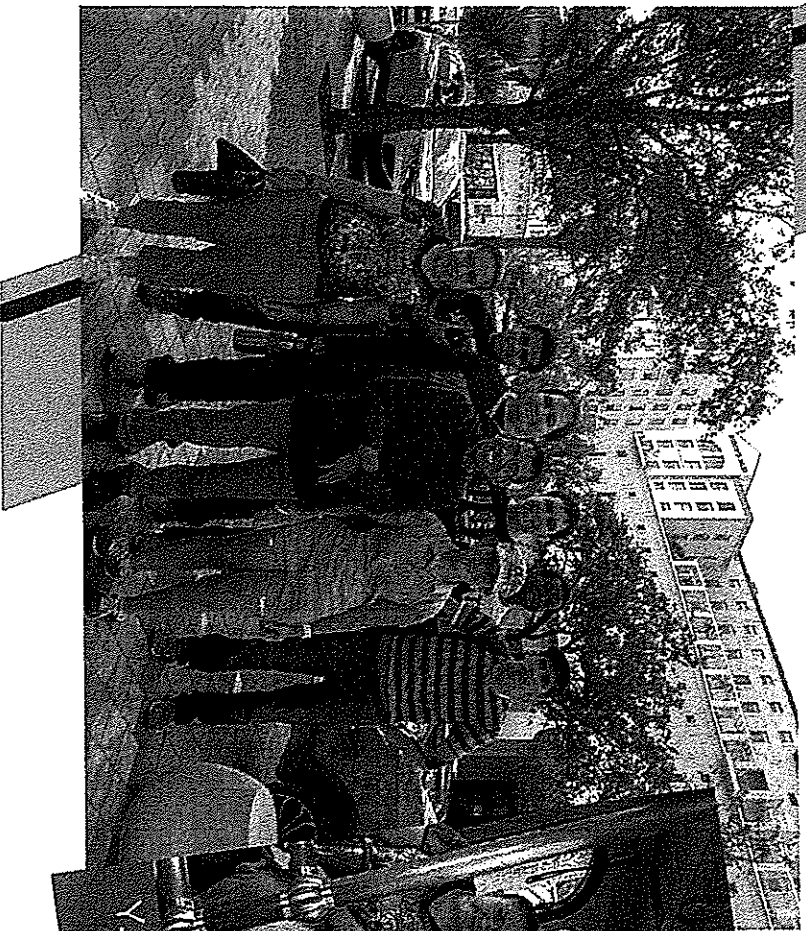
**CILSF Hosted Money Management Camps in Coral Gables Office, Summer 2018 & 2019**



# Services & Activities: Coral Gables



# Services & Activities: Coral Gables



YES. Members Learning How to Use Public Transportation on Coral Gables Trolley!

# Services & Activities: Coral Gables



# Out in the Community!



Staff and Y.E.S. Members Constantly Out & About at Various CLSF Hosted and Community Events in Coral Gables and Beyond!



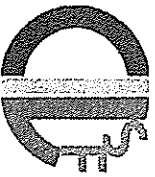
# Out in the Community!



# Monthly Workshops

## Workshops

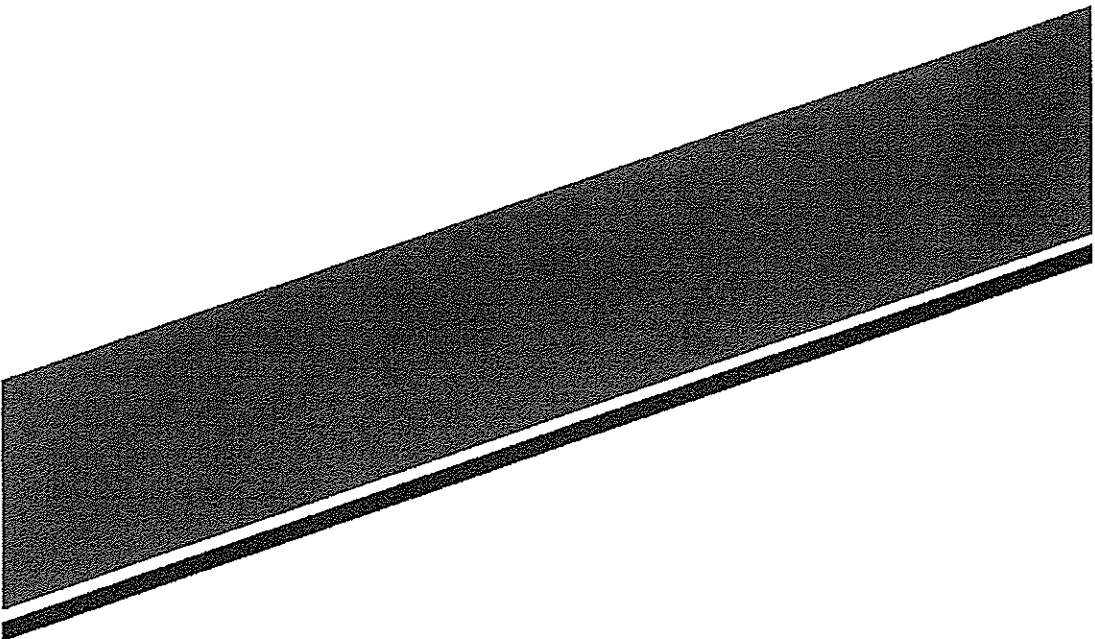
- Disability Awareness Training
- Social security
- Housing
- Vocational Rehabilitation Services
- Transportation Services
- Food stamps
- Medicare
- Medicaid
- Social Media



# Weekly Activities

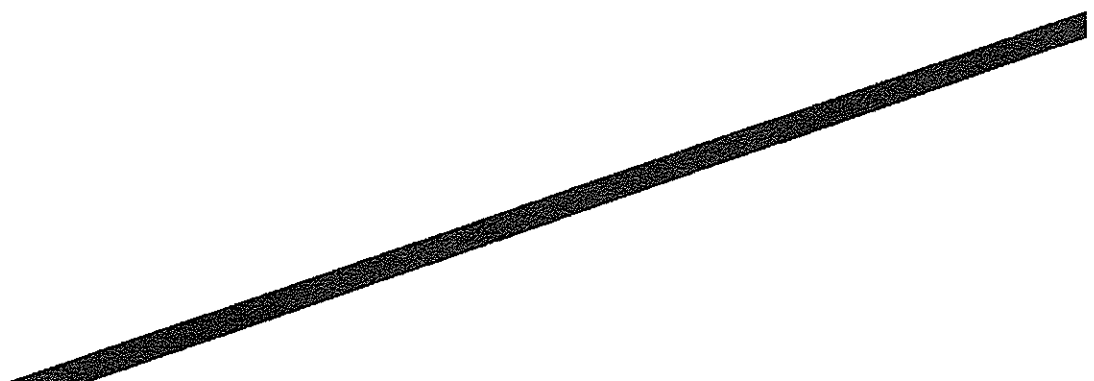
- Travel group  
(Transportation)
- Movie nights
- Art classes
- Social media
- Personal/social skills
- Money management
- Fitness & Nutrition
- Stress Relief Sessions





**THANK YOU**

[www.cisf.org](http://www.cisf.org)





# WHO WE ARE

## Our Mission

Empowering people with disabilities to reach their highest level of achievement; advocating for system change that results in access, choice, equality, inclusion, integration and independence.

## Our History

CLISF was founded in 1993 following Hurricane Andrew to assist the disability community in the immediate aftermath and beyond.

CLISF is a consumer driven organization that believes in an independent living philosophy. Over 51% of our board, management team and the organization as a whole are persons with disabilities.

In the past two decades CLISF has worked with tens of thousands of individuals with disabilities in the Miami-Dade County to help them reach their own independent living goals.



Center for Independent Living  
South Florida

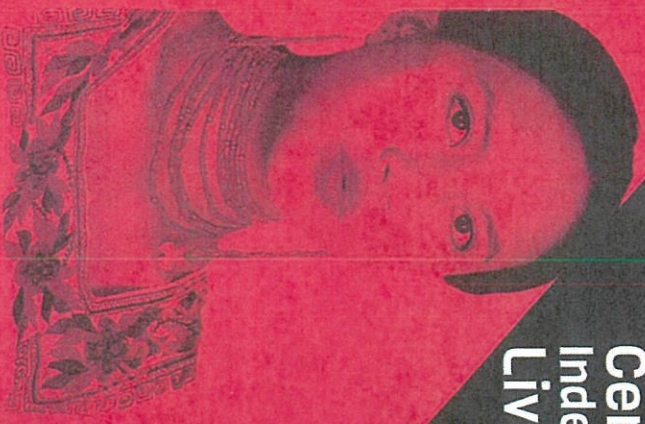
4770 Biscayne Blvd, Suite 150

Miami, FL 33137

☎ 305-751-8025

☎ 305-751-8944

www.clisf.org



Center for  
Independent  
Living  
South  
Florida

ONLY MY

*Strengths*

CAN DEFINE ME

## WHAT WE DO



### Information & Referral

Individuals and families can receive referrals related to a variety of community resources: housing, employment, transportation, health, assistive technology and more.



### Independent Living Skills Training

Training, resources and information on a one-to-one basis or in-group workshops. Sample topics include: budgeting, transportation skills, self-advocacy, communicator & more.



### Peer Counseling

To adapt to life with a disability or transition to adulthood or independent living, our staff peers can help you achieve your independence goals.



### Systems Change & Advocacy

We help advocating for accessible buildings, transportation, housing, healthcare or government programs. Offering technical information, training and support.



### Transition

Youth Transition: Assist consumers ages 14-26 to transition from high school to community life, including the exploration of community resources and skill instruction leading to increased independence.



### Reintegration

Support people with disabilities to gain the confidence, knowledge and resources necessary to move from a nursing home to independent living options.

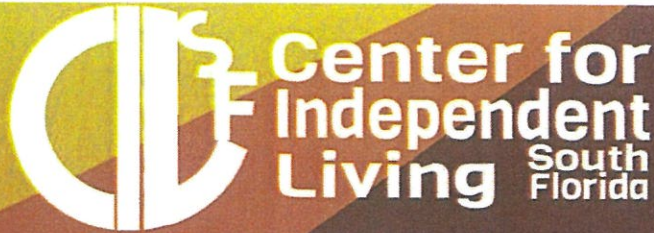
## WHO WE HELP

We serve people with all types of disabilities or simply impairments that affect their ability to perform a major life activity at all stages of life.

We serve English, Spanish, Creole and ASL speakers. Our consumers are immigrants, seniors, members of the LGBT community, 6th generation Floridians and all other communities present in Miami-Dade County.

With our consumers, we focus on practical, person-centered achievement that puts consumer's goals front and center. Respect, choice, change for our consumers are some of our core values.





Center for  
Independent  
Living South  
Florida



*Cordially Invites You To Our*

# PARENT SOCIAL

Reconnect with our Youth Services Department  
and find out how we can continue serving your family!

Friday  
November 15th



6 P.M. to 9 P.M.



War Memorial Youth Center  
405 University Drive,  
Coral Gables, FL 33134



RSVP Today:  
[paola@cilsf.org](mailto:paola@cilsf.org)  
(305) 423-9813

Complimentary Appetizers & Refreshments

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Guest Speaker from Disability Rights Florida

@CILSouthFlorida

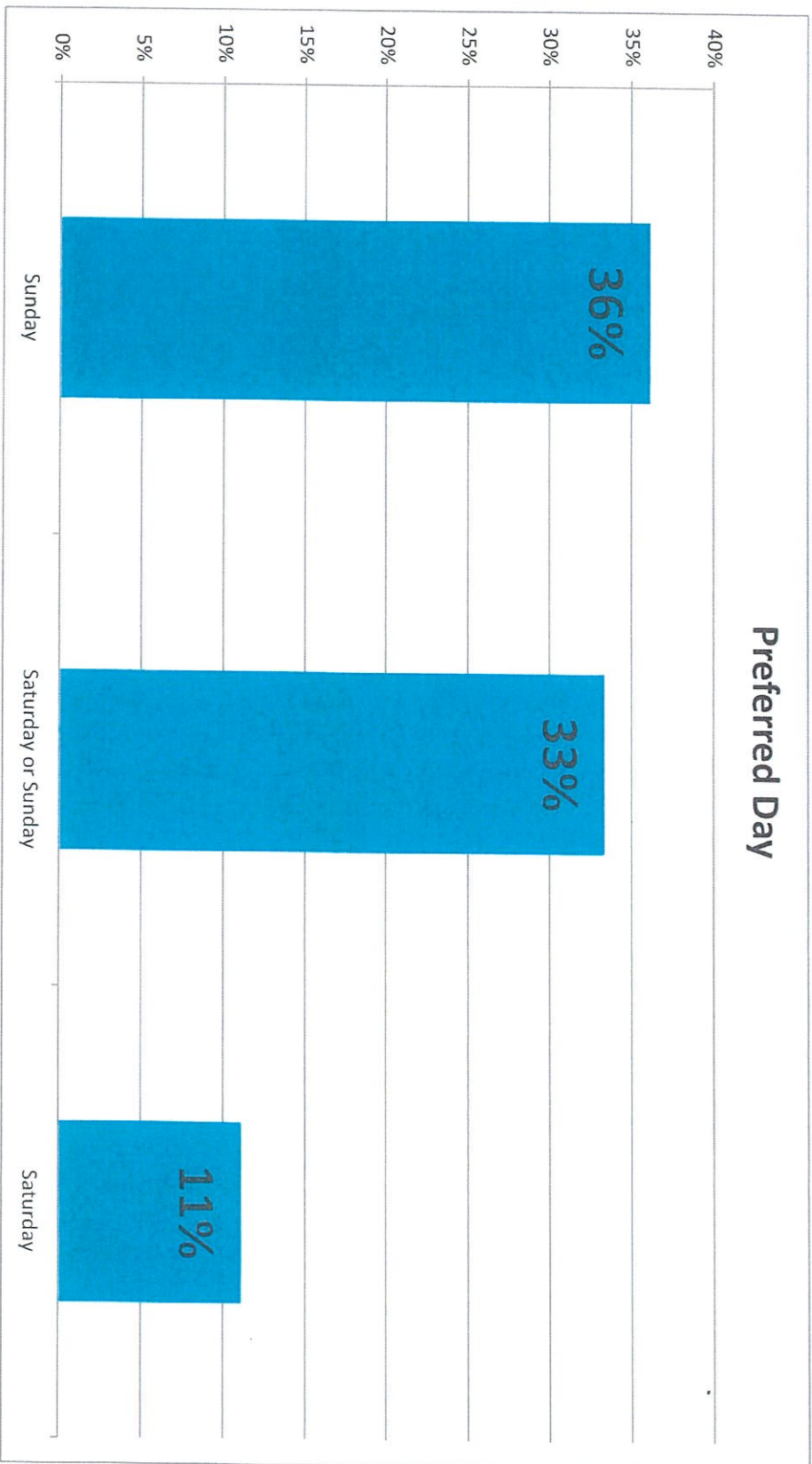
@CenterforIndependentLivingSF

4770 Biscayne Blvd, Suite 150 Miami, FL 33137  
(305) 751-8025 or (786) 347-7318 VP

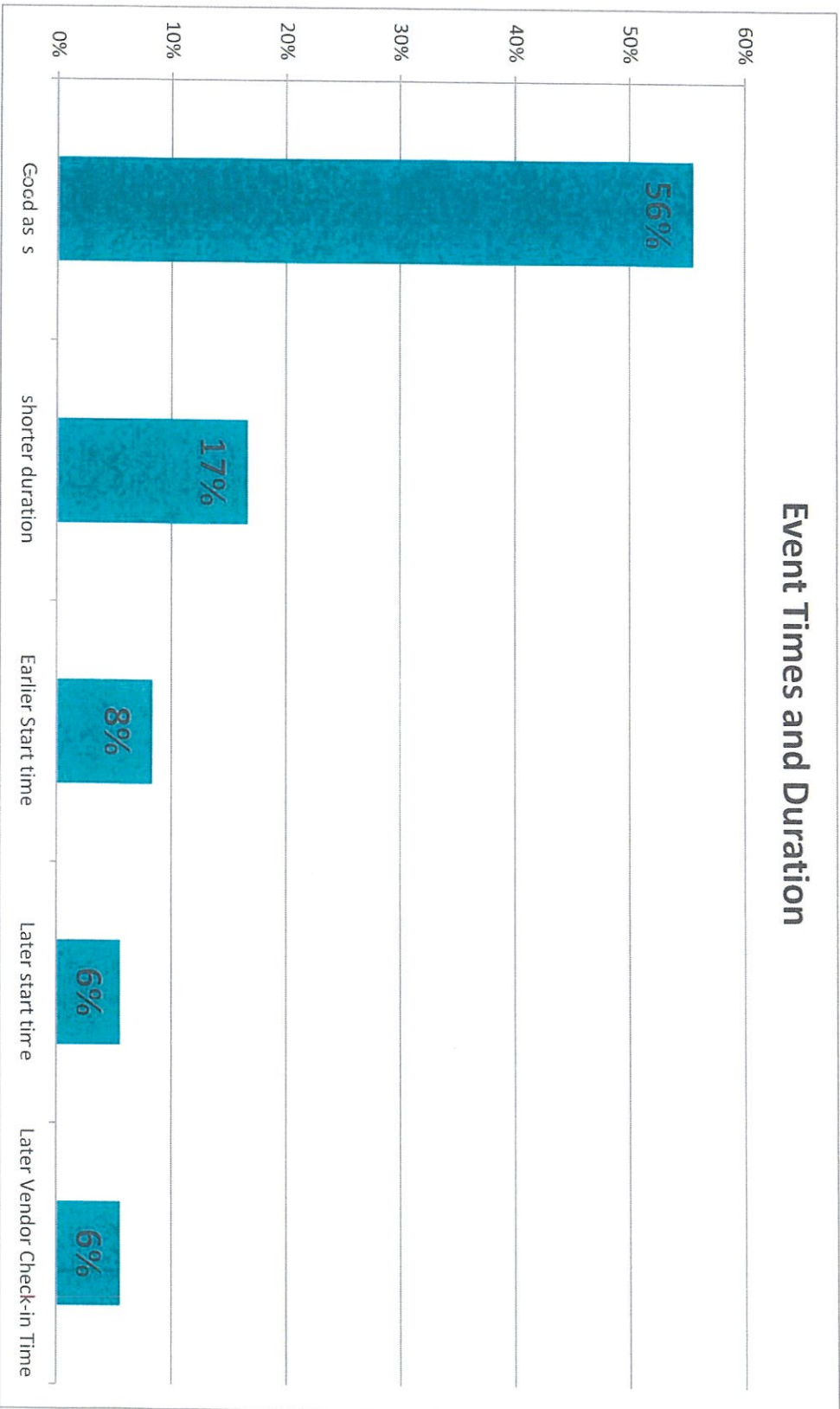
# **EXHIBIT 3**



Was holding the event on Sunday convenient for your schedule?  
Would you have preferred a different day of the week?



Did the event start time and duration work well for your representatives?



Is there anything you would like to see done differently to improve Adventure Day for All?  
Is there anything else you would like us to know?

### Open Feedback - Trends





# Adventure Day 2020

By: PLAY for All

**2019**  
Nov

- Survey Review
- Select Date

**2019**  
Dec

- Confirm 2020 Date
- Marketing Req- invite & magnets (2-6 weeks)

**2020**  
Jan

- Distribute event notices
- Submit for Summer Mag
- Add to website

**2020**  
Feb

**2020**  
Mar

- Approval for all forms

**2020**  
Apr

- Entertainment
- Games
- Tents etc.
- Cooling Options
- Sponsors?

**2020**  
May

- Submit for Fall Mag
- Supply inventory, needs

**2020**  
June

**2020**  
July

- Marketing Req- flyer featuring specifics (2 weeks)
- IT Req- reg online?
- 

**2020**  
Aug

- 8- Send Packets w flyer
- Marketing Req- Shirts, wristbands, alternative?
- Interpreters
- TCT Calendar

**2020**  
Sept

- 1- Marketing Req- Advertising/media /social media, door hangers, signs, MC, stage manager
- 21- Adventure Approval
- 25- Door Hangers
- 28- Applications due

**2020**  
Oct

- Staffing
- Map
- Logistics, script
- Event Day
-