



### Award Recommendation Cover Memo

Date: 03/11/2026

Contract Number /Name: RTQ 2025-049 Fitness Instructors

Purpose:

It is the intent of this Request to Qualify to contract a passionate, highly motivated, skilled teaching pool of pre-qualified Fitness and Personal Training Instructors to provide professional fitness instruction services across various City programs, including but not limited to aerobics, yoga, zumba, personal training, and senior wellness for the Community Recreation Department. Adela Fryhover, Mary Christine Weinberg, Johana Ortuno, Erika Greenawalt, Alexandra Torres, Yobel Gonzalez, Anja Spahn

Vendor: Adela Fryhover, Mary Christine Weinberg, Johana Ortuno

Requested Action: Approve

*Please sign below*

Project Manager (name/title): Carlos Pichardo

Date: \_\_\_\_\_

Carlos Pichardo  
Digitally signed by Carlos Pichardo  
Date: 2026.03.11 15:37:59 -04'00'

Community recreation Director: Fred Couceyro

Date: \_\_\_\_\_

Fred Couceyro  
Digitally signed by Fred Couceyro  
Date: 2026.03.19 08:54:19 -04'00'

Assistant City Manager (if applicable): Carolina Vester

Date: \_\_\_\_\_

*For questions regarding this request, please contact:*

Name / Number Eduardo Hernandez / 305-460-5108

Email ehernandez2@coralgables.com